

# New Life Healthcare LLC

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## GENERAL PATIENT INFORMATION

(THIS INFORMATION IS NECESSARY FOR OUR FILES AND WILL BE CONSIDERED CONFIDENTIAL)

DATE \_\_\_\_\_

\_\_\_\_\_  
PATIENT'S LAST NAME                      FIRST NAME                      MIDDLE                      HOME PHONE

\_\_\_\_\_  
CURRENT STREET ADDRESS                      CITY                      STATE                      ZIP                      HOW LONG

\_\_\_\_\_  
SOCIAL SECURITY NUMBER                      DRIVER'S LICENSE NUMBER                      WORK PHONE                      EXT.                      CELL PHONE

\_\_\_\_\_  
EMPLOYED BY                      EMPLOYER'S ADDRESS

\_\_\_\_\_  
DATE OF BIRTH                      AGE                      SEX:  MALE                       FEMALE                      OCCUPATION \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_ MAY WE USE YOUR EMAIL ADDRESS TO CONTACT YOU REGARDING YOUR APPOINTMENT SCHEDULE?  YES                       NO  NOTE: WE DO NOT SHARE ANY PATIENT INFORMATION, ONLY NEW LIFE WILL UTILIZE YOUR EMAIL.

MARITAL STATUS:  SINGLE                       MARRIED                       WIDOWED                       SEPARATED                       DIVORCED

\_\_\_\_\_  
NAME OF PERSON TO NOTIFY IN CASE OF EMERGENCY                      RELATIONSHIP                      EMERGENCY PHONE

WHO REFERRED YOU TO THIS OFFICE \_\_\_\_\_

## INSURANCE ASSIGNMENT

### ASSIGNMENT OF INSURANCE BENEFITS

I HEREBY IRREVOCABLY ASSIGN AND TRANSFER ALL BENEFITS WHETHER CONTRACTUAL, STATUTORY, OR COMMON LAW TO NEW LIFE PHYSICAL THERAPY, INC. FOR ALL AMOUNTS DUE ON MY CLAIM FOR SERVICES RENDERED TO ME OR MY DEPENDENT. I AUTHORIZE THE RELEASE OF ANY MEDICAL INFORMATION NECESSARY TO PROCESS THIS CLAIM. I AM AWARE OF THE FACT THAT VERIFICATION OF INSURANCE BENEFITS IS NOT A GUARANTEE OF PAYMENT AND THAT I AM FULLY RESPONSIBLE FOR PAYMENT IN FULL IN THE EVENT MY INSURANCE CARRIER(S) DOES NOT COVER ANY OR ALL INCURRED CHARGES AT NEW LIFE PHYSICAL THERAPY, INC.

**OUR OFFICE WILL BILL YOUR INSURANCE CARRIER(S) AS A COURTESY TO YOU. IF YOUR INSURANCE CARRIER SENDS PAYMENT DIRECTLY TO YOU, YOU WILL BE RESPONSIBLE TO FORWARD THESE PAYMENTS TO OUR BUSINESS OFFICE IMMEDIATELY UPON RECEIPT. ALL PATIENT BALANCES 60 DAYS PAST DUE WILL BE ASSESSED A FINANCE CHARGE.**

\_\_\_\_\_  
RESPONSIBLE PARTY'S SIGNATURE

\_\_\_\_\_  
DATE

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## Consent to Treat Authorization

I, \_\_\_\_\_ do hereby  
consent to be treated for physical therapy by New Life Physical Therapy.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Rev. 05/09

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### ADMISSION FORM

#### History and Physical Condition Information

Answers to the following questions will assist the Therapist in providing a safe and effective program.

NAME: \_\_\_\_\_ AGE: \_\_\_\_\_

Referring Physician: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_ Best Contact Phone#: \_\_\_\_\_

Problems to be treated: \_\_\_\_\_

Have you had treatment for this problem before? YES NO

If YES, where: \_\_\_\_\_ When: \_\_\_\_\_

Treatment given: \_\_\_\_\_

Have you had surgery associated with this problem? YES NO

If YES, please list date and type of surgery: \_\_\_\_\_

List any other major illness or surgery that has occurred in the past year: \_\_\_\_\_

Have you fallen in the past year? YES NO

Are you currently taking any medications? YES NO

If YES, please list ALL medications: \_\_\_\_\_

Have you ever had Physical Therapy before? YES NO

Do you now have or have you ever had any of the following:

High Blood Pressure	YES	NO	Cancer	YES	NO
Heart Disease	YES	NO	Allergies	YES	NO
Heart Attack	YES	NO	Hernia	YES	NO
Pacemaker	YES	NO	Seizures	YES	NO
Diabetes	YES	NO	Metal Implants	YES	NO
Headaches	YES	NO	Episodes of Dizziness	YES	NO
Kidney Problems	YES	NO	Balance Problems	YES	NO
Nervous Disorder	YES	NO	Vision Problems	YES	NO
Hearing Problems	YES	NO	Incontinence	YES	NO

If YES on any of the above, please explain and give approximate dates: \_\_\_\_\_

Do you have a medical condition that requires you to restrict your cardiovascular exercise: YES NO.

Who referred you New Life: Friend Family Doctor Self Other \_\_\_\_\_

The above information is correct to the best of my knowledge.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Therapist Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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PATIENT NAME \_\_\_\_\_

DATE \_\_\_\_\_

## PAIN EVALUATION

### PAIN DRAWING

Use the symbols below to mark the areas on your body where you feel the following sensations. Include ALL affected areas.

BURNING	NUMBNESS	PINS & NEEDLES	STABBING	ACHE
X	O	=	/	^

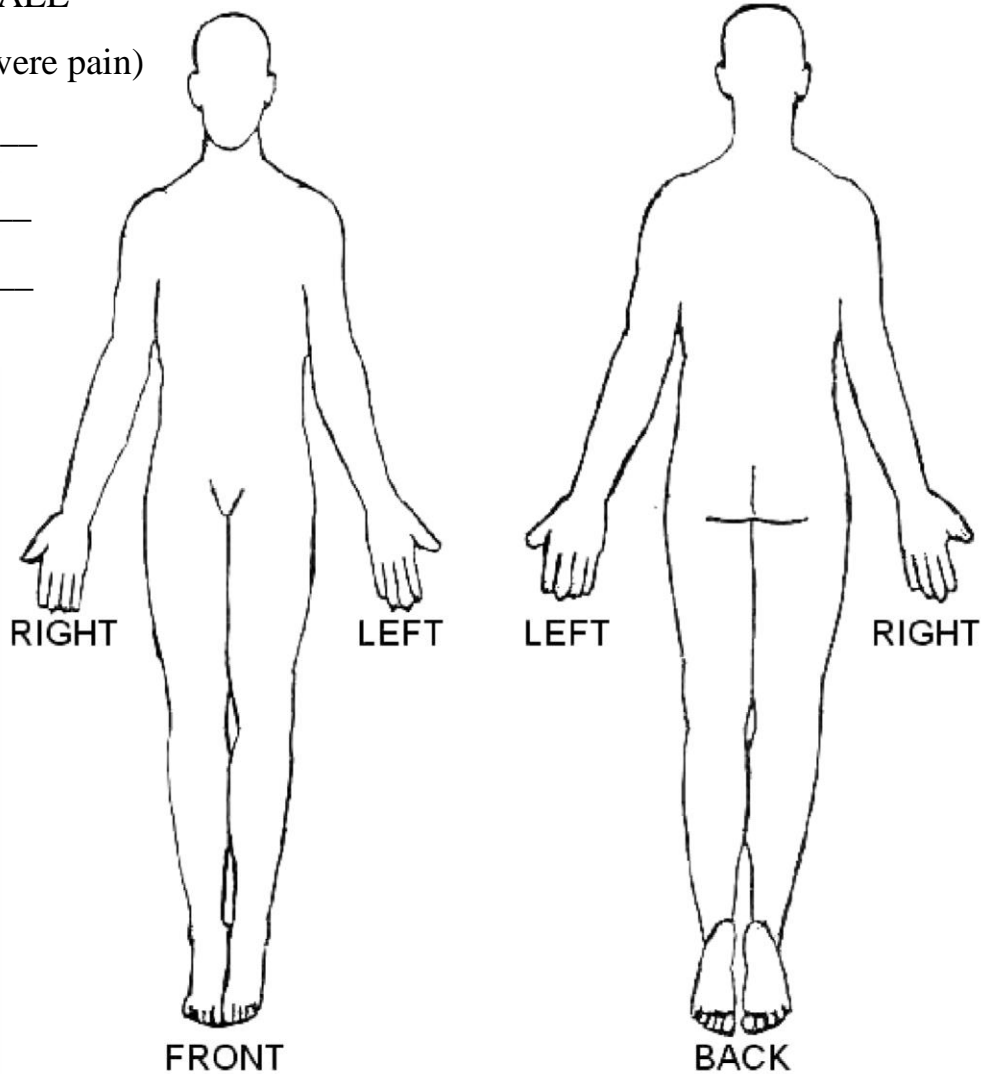
### PAIN LEVEL SCALE

(0 no pain – 10 severe pain)

AVERAGE: \_\_\_\_\_

BEST: \_\_\_\_\_

WORST: \_\_\_\_\_



Therapist's Signature \_\_\_\_\_ Date \_\_\_\_\_

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### Functional Activity Index

Name \_\_\_\_\_

Date \_\_\_\_\_

PLEASE CHECK ONLY ONE LINE (0-5) FOR EACH CATEGORY.

#### **Exercise**

- 0 I have no pain when exercising
- 1 I have some pain while exercising but doesn't affect workout time
- 2 I cannot exercise for more than 30 minutes
- 3 I cannot exercise for more than 15 minutes
- 4 I cannot exercise for more than 5 minutes
- 5 I cannot exercise

#### **Sleeping**

- 0 I get no pain in bed
- 1 I get pain in bed but it does not prevent me from sleeping well
- 2 Because of my pain my normal sleep is reduced by less than 25%
- 3 Because of my pain my normal sleep is reduced by less than 50%
- 4 Because of my pain my normal sleep is reduced by less than 75%
- 5 Pain prevents me from sleeping at all

#### **Sitting**

- 0 I can sit in any chair as long as I like
- 1 I can only sit in my favorite chair as long as I like
- 2 Pain prevents me from sitting more than 1 hour
- 3 Pain prevents me from sitting more than ½ hour
- 4 Pain prevents me from sitting more than 10 minutes
- 5 I avoid sit because it increases pain immediately

#### **Standing**

- 0 I can stand as long as I want without pain
- 1 I have some pain while standing but it does not increase with time
- 2 I cannot stand for longer than 1 hour without increasing pain
- 3 I cannot stand for longer than ½ hour without increasing pain
- 4 I cannot stand for longer than 10 minutes without increasing pain
- 5 I avoid standing because it increase pain immediately

#### **Personal Care**

- 0 I do not have to change my way of washing or dressing in order to avoid pain
- 1 I do not normally change my way of washing or dressing even though it causes some pain
- 2 Washing and dressing increases the pain but I manage not to change my way of doing it
- 3 Washing and dressing increases the pain and I find it necessary to change my way of doing it
- 4 Because of the pain I am unable to do some washing and dressing without help
- 5 Because of the pain I am unable to do any washing and dressing without help

**Note: Continue on next page**

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### Walking

- 0 I have no pain while walking
- 1 I have some pain while walking but it doesn't increase with distance
- 2 I cannot walk more than 1 mile without increase pain
- 3 I cannot walk more than ½ mile without increasing pain
- 4 I cannot walk more than ¼ mile without increasing pain
- 5 I cannot walk at all without increasing pain

### Lifting

- 0 I can lift heavy weights without extra pain
- 1 I can lift heavy weights but it causes extra pain
- 2 Pain prevents me from lifting heavy weights off the floor
- 3 Pain prevents me from lifting heavy weights off the floor but I can manage if they are conveniently positioned (e.g. on a table)
- 4 Pain prevents me from lifting heavy weights off the floor but I can manage light to medium weights if they conveniently positioned
- 5 I can only lift very light weights

### Social Life

- 0 My social life is normal and gives me no extra pain
- 1 My social life is normal but increases the degree of pain
- 2 Pain has no significant effect on my social life apart from limiting my more energetic interests (e.g. dancing)
- 3 Pain has restricted my social life and I do not go out very often
- 4 Pain has restricted my social life to my home
- 5 I have hardly and social life because of the pain

### Changing Degree of Pain

- 0 My pain is rapidly getting better
- 1 My pain fluctuates but overall is definitely getting better
- 2 My pain seems to be getting better but improvement is slow
- 3 My pain is neither getting better or worse
- 4 My pain is gradually worsening
- 5 My pain is rapidly worsening

### Traveling

- 0 I get no pain while traveling
- 1 I get some pain while traveling but none of my usual forms of travels make it worse
- 2 I get extra pain while traveling but it does not cause me to seek alternate forms of travel
- 3 I get extra pain while traveling which causes me to seek alternate forms of travel
- 4 Pain restricts all forms of travel except that done while lying down
- 5 Pain restricts all forms of travel

This section for Therapist only.

Total Index Score \_\_\_\_\_

Initial Visits \_\_\_\_ Re-Eval. \_\_\_\_ DC \_\_\_\_

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### Late Cancellation and No Show Policy

Effective March 1, 2018

Our goal is to provide quality physical therapy in a timely manner. When appointments are missed or cancelled without timely notice it leaves openings that could be used by other patients.

We make every effort to remind you of your appointments. It is necessary for you to cancel your appointment in a timely manner.

Therefore, we require that you notify us at least 24 hours in advance. This allows us time to allocate that appointment to another patient. You can leave a message on the machine if no one is available to pick up when you call to notify us.

If timely notification is not given, or if you fail to show up for your appointment, you will be charge a \$25.00 fee.

Thank you for your cooperation.

I agree to the cancellation and no show policy listed above.

Patient Signature\_\_\_\_\_

Date\_\_\_\_\_

### Notice of Privacy Practices

This notice describes how your health information may be used and disclosed and how you can access this information. Please review it carefully.

The following information is being furnished to you as required under the Standards for Privacy of Individually Identifiable Health Information published by the U.S. Department of Health and Human Services at 45 C.F.R. parts 160 and 164 under the Health Insurance Portability and Accountability Act of 1996. Contact information for the U.S. Department of Health and Human Services is contained at the end of this notice.

1. At New Life Physical Therapy, Inc. (New Life), we have always kept your health information secure and confidential. A new law requires us to continue maintaining your privacy, to disclose your health information to those involved in your treatment. For example, we routinely share your continuing progress with your physician, to keep him updated as to your treatment here at New Life.

2. We may use or disclose your health information for payment of your services or disclose your health information for our normal healthcare operations. For example, one of our staff will enter your information into our computer. We may share your medical information with our business associates, such as a billing service. We have a written contract with each business associate that requires them to protect your privacy.

3. We may use your information to contact you. We may want to call and remind you of appointments. If you are not home, we may leave this information on your answering machine or with the person who answers the telephone. In an emergency, we may disclose your health information to a family member or another person responsible for your care. We may release some or all of your health information when required by law.

4. If this practice is sold, your information will become the property of the new owner. The new owner assumes the accountability for your protected health information.

5. Except as described above, the practice will not use or disclose your health information without your prior written authorization. You may request in writing that we not use or disclose your health information as described above. We will let you know if we can fulfill your request. You have the right to know of any uses or disclosures we make with your health information beyond the above normal uses.



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6. As we will need to contact you from time to time, we will use whatever address or telephone number you prefer.

7. You have the right to transfer copies of your health information to another practice. We will make copies available for you to pick up. A nominal fee may be charged for copying or mailing.

8. You have the right to see and receive a copy of your health information, with a few exceptions. Give us a written request regarding the information you want to see. If you also want a copy of your records, we may charge you a reasonable fee for the copies.

9. You have the right to request an amendment or change to your health information. Give us your request to make changes in writing. We may or may not make the changes you request, but will be happy to include your statement in your file. If we agree to an amendment or change, we will not remove nor alter earlier documents, but will add new information.

10. You have the right to receive a copy of this notice.

11. If we change any of the details of this notice, we will notify you of the changes in writing.

12. You may file a complaint with the Department of Health and Human Services, 200 Independent Avenue, S.W., Room 509F, Washington, DC. 20201. You will not be retaliated against for filing a complaint.

13. However, before filing a complaint, or for more information or assistance regarding your health information privacy, please contact our office at (714) 848-7191.

This notice goes into effect as of April 14, 2003.

### **Acknowledgement**

I have read and understand New Life Physical Therapy, Inc. Notice of Privacy Practices.

\_\_\_\_\_  
Signed

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Date